

## AMEYBRIGGS SPONSORED RESERVE RECRUITING PROCESS

To become a Sponsored Reserve, you will be aged 17 years 9 months – 42 years 6 months and required to:

Visit <https://apply.army.mod.uk/> to start the application process and complete an online medical questionnaire. This will be followed up with a Clinical Triage call and then a full medical with your local GP.

You will then attend an Assessment Centre (2 days) for a more in depth medical and physical assessment as well as the following:

Ability Tests (Army Cognitive Test (Verifier)) – a series of 5 tests taken on a computer.

Literacy and Numeracy Tests - If you don't have A - C/9 - 4 grade GCSEs (or equivalent) in Maths or English, you'll need to sit this test.

Technical Selection Test - a Maths test with questions like those in a GCSE textbook.

Grenade Throw - You'll be shown how to leopard crawl under a net, before throwing a dummy grenade.

Team Tasks - You will split into small teams (up to 8) and be given practical problem-solving tasks to complete as a team.

If you meet the required standards you will then complete Army Basic Training:

<b>Basic Training Core Military Syllabus 21 (Reserve)</b>	<b>Duration</b>	<b>Responsibility</b>	<b>Remarks</b>
Foundation Weekend at Army Training Unit	2/3 days	ATU	Module 1
Distance Learning	2 weeks	ATU/Individual	
Residential Week at Army Training Unit	7 days	ATU	Module 2 Consolidated
Distance Learning & Physical Development Programme	7 weeks	ATU/Individual	
Soldiers Battle Camp at Army Training Unit	14 days	ATU	Module 3

**If you are a serving member of the Army or Royal Marine Reserve or were an ex-Regular service person in the last six years, you will be exempt the above process.**